

## UP Police Height And Age Chest Details For Physical Test Pattern

### UP Police Height And Age Details:

Category	Height	Age
Male	• 168 cm General/OBC/DC	• 18 to 22 year General
	• 160 cm ST	• 18 to 30 year OBC/SC/ST
Female	• 152 cm General/OBC/DC	• 18 to 25 year General
	• 147 cm ST	• 18 to 30 year OBC/SC/ST

### Height Details;

Category	Male	Female
General/ OBC/ SC	168 cm	152 cm
ST Candidates	160 cm	147 cm

### Chest Details:

Category	Male	Female
General/ OBC/ SC	79-84 cm (5 cm expansion is required)	NILL
ST Candidates	77-82 cm (5 cm expansion is required)	NILL

### Weight Details:

Category	Female	Male
General/ OBC/ SC/ ST	Minimum 40 Kg.	NILL

**Race (Running) Details For Male And Female:**

<b>Category</b>	<b>kilometers</b>	<b>Time</b>
<b>Male</b>	4.8 KM	Max 27 min
<b>Female</b>	2.4 KM	Max 16 min

**Race (Running) Test Marks Details:**

- **Male:**

<b>Time Duration</b>	<b>Marks</b>
<=17	200
17.15	198
17.30	196
17.45	194
26.30	124
26.45	122
27	120

- **Females:**

<b>Time Duration</b>	<b>Marks</b>
<=11	200
11.15	196
11.30	192
11.45	188
15.30	128
15.45	124
16	120